

The logo for 'erase' features the word in a white, lowercase, sans-serif font, centered within a solid magenta rectangular background.

Mental Wellness, Substance Use and Addiction: Educational Session for Parents (New Training)

This parent presentation will address mental wellness and substance use in our youth.

Date/Time:

April 23, 2021

2:30pm PDT - Meeting room admittance

3:00pm - 5:00pm PDT - Event with an opportunity for Q&A with Dr. MacEwan

Location:

Virtual/online

Presenter: Dr Bill MacEwan

Dr. MacEwan graduated from UBC in medicine and completed his specialty training in psychiatry at UBC in 1987. Academically Dr. MacEwan is a Clinical Professor in the Department of Psychiatry at UBC and Associate Department Head, Clinical Affairs, UBC, Department of Psychiatry. His research interests have been in the study of novel antipsychotics in the treatment of Schizophrenia; he has also been looking at clinical correlates of Schizophrenia, Early Psychosis and Addiction.

Currently, Dr. MacEwan runs the Urban Psychiatry Program at St. Paul's Hospital. He is the medical lead for the Downtown Community Court psychiatric teams. Dr. MacEwan is the former Head of Psychiatry at St. Paul's Hospital and is the clinical lead in the Hotel Study, a cohort study of the health, addiction and mental health of 500 residents of the Downtown Eastside in Vancouver. Bill has worked in the Downtown Eastside (DTES) of Vancouver for the last 19 years.

A Zoom meeting invitation will be sent to you with a password to enter the virtual training room closer to the time of the event.

Our youth are experiencing anxiety at much higher rates than ever before. There can be many contributors to this such as high academic loads, too many extra curricular activities, social/family pressures and uncertain futures. This anxiety can result in sleep loss, depressed mood, psychological distress as well as poor functioning at school and in the community. Our youth can get caught up in very high-risk behaviours – selling drugs, addiction and theft as ways to deal with their anxieties.

The challenge is to try to understand the pressures our youth are experiencing and recognize the signs and symptoms of dysfunctional coping mechanisms.

This educational session is targeted at Educators and School Administrators and will aid in understanding these psychological challenges and will provide strategies that can assist our youth.

Learning Outcomes:

- Discuss how life's pressures such as school and technology have impacted some of our youth
- Identify strategies that will help support parents and youth
- Present the signs and symptoms of anxiety, sadness and substance use
- Talk about the choices our youth have in life

You will receive an email confirming registration.

First Name

Last Name

Work Email

Confirm Work Email

Your School District/Organization

Name of School/Organization

Role/Title

If "Other" school or organization was selected, please describe

If Other "Role" was selected, please define your role

City

Province