

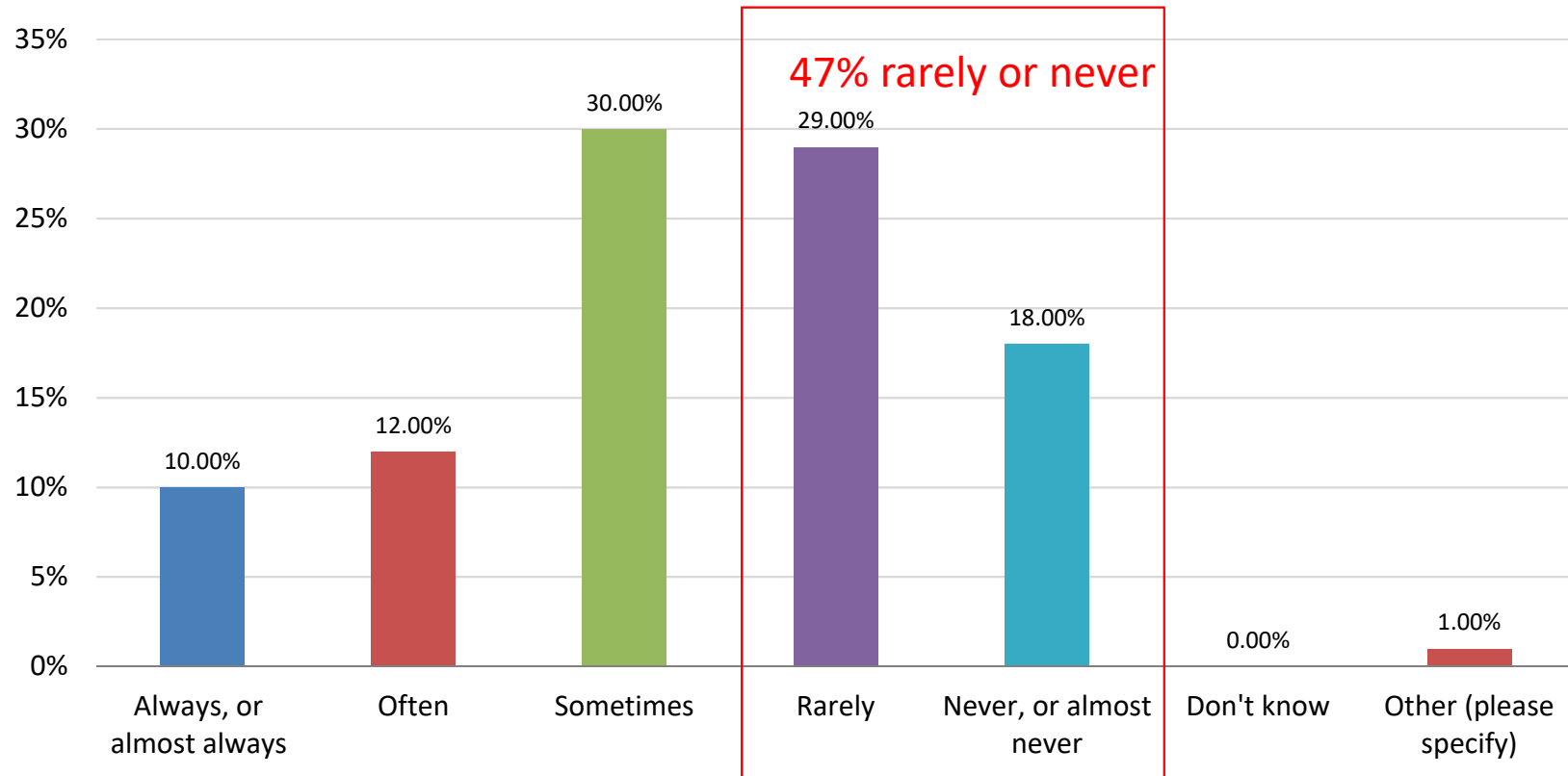
Prince George District  
Parent Advisory Council  
Lunch Survey

***Preliminary Highlights***

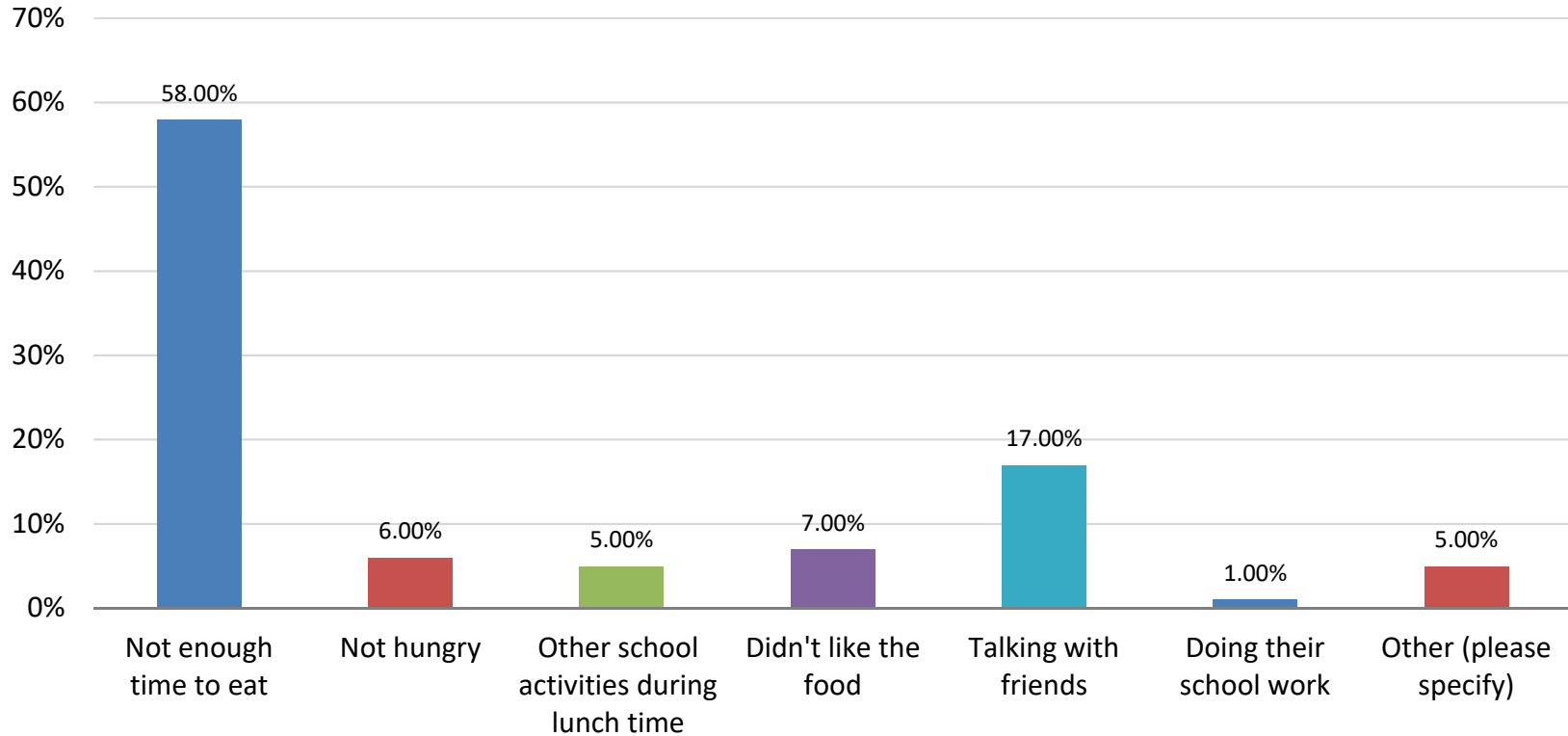
# Demographics

- Started November 4<sup>th</sup>
- 698 respondents started and completed the survey, average of 6 minutes each
  - 33 out of 41 schools so far
  - 21 schools ranged from 10-92 responses
  - Average 21 respondents per school
- What grade is your (youngest) child in?
  - 48% grades 1-3
  - 20% kindergarten
  - 20% grades 4-5
- Only 16% on computer – 75% phone, 9% tablet

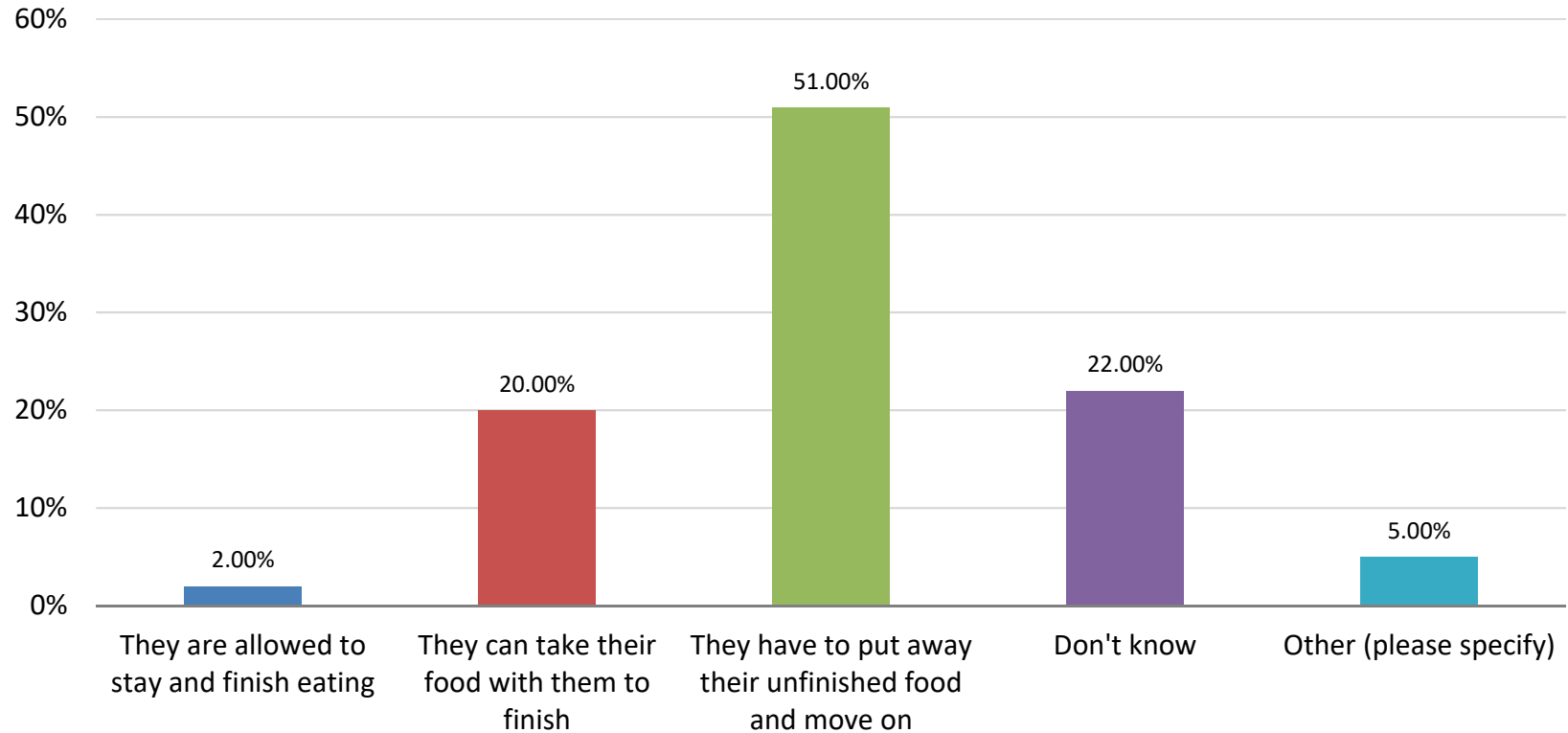
# Does your child finish eating their lunch at school?



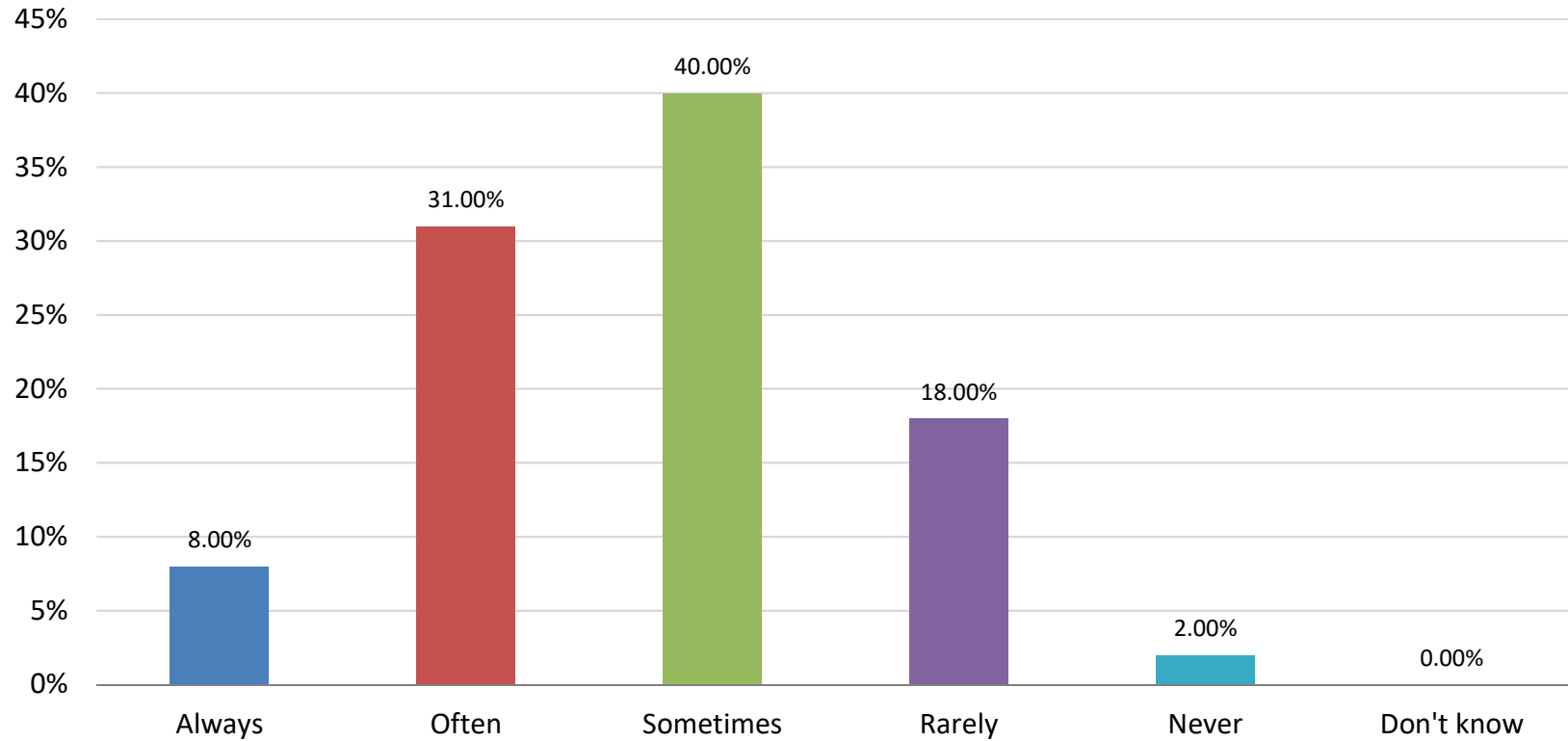
# If your child doesn't finish their lunch, what are the main reasons they give for this?



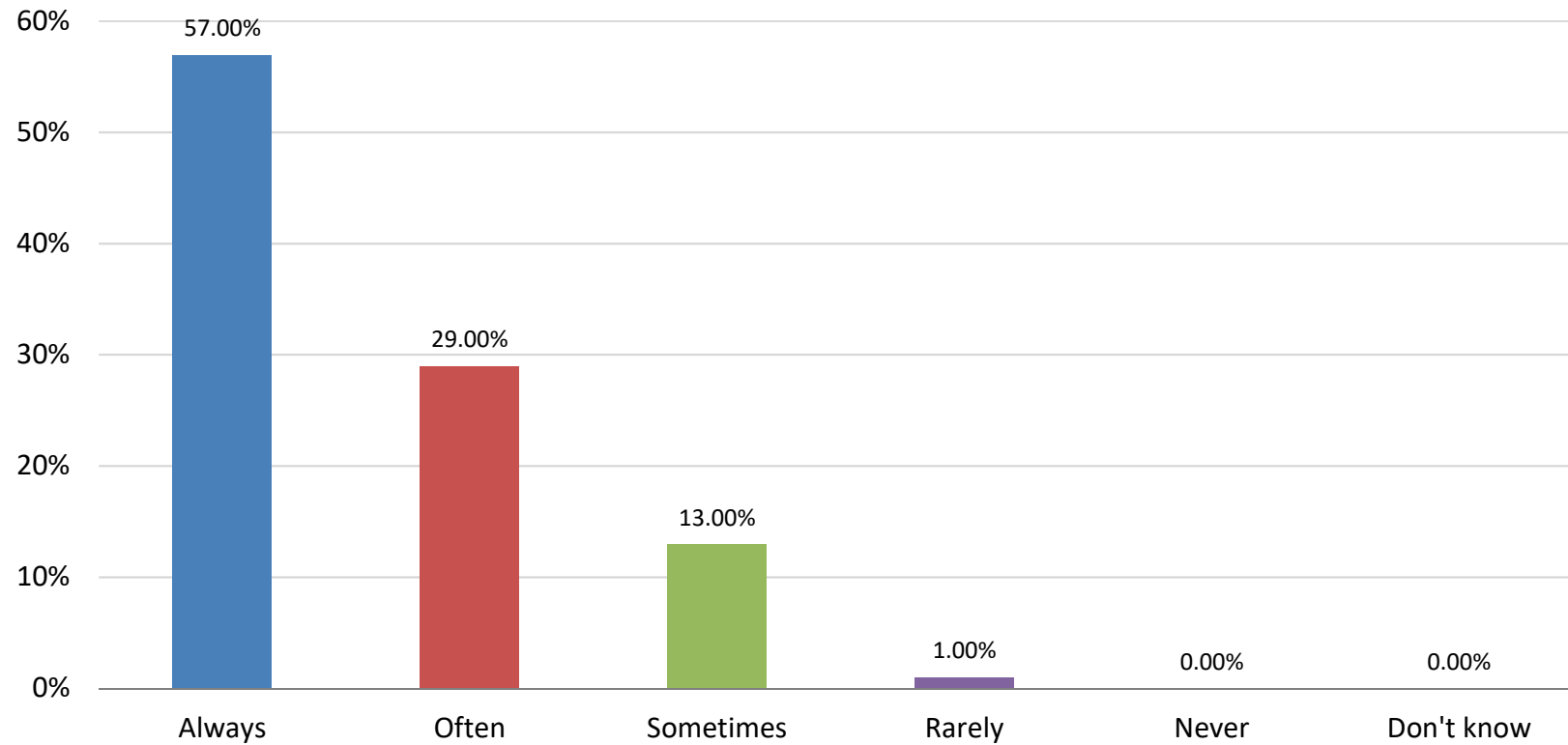
# What happens if your child has not finished eating when the time for lunch ends?



## After school, is your child: **tired or fatigued?**



## After school, is your child: **hungry?**



## Some comments – Time and Nutrition

- **15 mins is not adequate time** for young children to eat a meal especially with **no adult supervision**. My child is not permitted to bring uneaten food outside to finish lunch. **Proper nutrition is vital for concentration and learning.**
- Children are being taught to wolf down meals... Students are not being given the simple **respect** of the time they need to eat properly



# Some comments – Learning Concerns

- ... I've had teachers tell me year after year that they intentionally schedule 'heavier' curriculum & work for first thing in the morning because the **majority of kids are 'done'** by the time afternoon comes and it's a **waste of time teaching after lunch**
- My child has a very difficult time **focusing** without adequate food in the day.... It sets him up for **difficulties** with **learning** and **self regulation**.
- ...Nutritional sustenance is a **requirement for learning** so it's confusing as a parent that THIS is a battle we are up against.

# Some comments – Play First

- I would like to see what would happen if the lunch was **after** the play time.
- I would prefer to see the scheduled **play time before eating time** as I believe it would allow the children to settle in for lunch after burning off some energy. I also think there is **too little time** given for the children to eat. And more **adult supervision** would be great, if possible.

## Some comments – What next?

- ...I understand that teachers need/deserve a lunch break too though so I'm **not sure what the best option** is. The current scenario sure **makes me uncomfortable** though.
- I think it's very important that this survey go to the **school teachers and staff**. They are probably very knowledgeable about what happens at the school during lunch and **would have ideas of where improvements** could be made.

