

Understanding the Teenage Brain: for **parents** and **students**

WHEN

Thursday, September 24th
7:00pm to 8:30pm

WHERE

Duchess Park
Secondary School
747 Winnipeg Street, Prince George

FEATURING

Find out more about the mysterious
teenage brain

Understand the growing brain's
biological turmoil – it's not just
hormones

Learn how to best support your
teenager in building their brain and
surviving the teenage years

**ALL
PARENTS &
STUDENTS
WELCOME**

**TICKETS NO
CHARGE**

Limited
seating
Please
register at
www.sd57dpac.ca

SPEAKER

Gary Anaka is a
Special Education
Teacher, Author,
Brain-Based
Learning
Facilitator,
Advocate for Health
and Wellness, and
an inspirational
Public Speaker

MORE INFO?

www.sd57dpac.ca
or 250-649-6770

**Prince George
District Parent
Advisory Council**