

## Request for DPAC Funding for the 2014/15 School Year

Use of funds:

- Something else that helps foster parental involvement in the schools, and/or promotes effective communication between schools, parents, students and the community.

**Requested by :** Quinson Elementary School PAC

**Total Amount:** \$300

**Date Requested:** March 31, 2015

**Date Required:** ASAP

- Potentially Ongoing

**Contact Name:** Kim Prysclak

**Phone:** 250-562-4080

**E-mail:** kimjr@telus.net

### Description of request:

We want to put together a Parent/Caregiver Resource Centre in our library. It will remain a separate area in the school library and contain books and resources for parents and caregivers to look at in the school or borrow. The purpose of this is to help them parent and understand how the school is approaching their child's education.

For example, we want to include books with topics relating to Parenting and Social/Emotional Learning, as well as the parent materials available for groups of books like SuperFlex and Zones of Regulation. Also, we will consider books recommended by teachers that would help parents communicate with their child in a way similar to that used at school, such as the Seven Sacred Teaching philosophies.

As a result, the parents will have a resource that is readily available to them and one that is relevant to their child and what/how they are developing and learning at school.

For example, if a parent wants clarification on the process of 'social/emotional learning' and how they might benefit from using aspects of it at home, resources will be immediately available for them at the school and the teachers can direct them to those resources.

Picture books with discussion questions about topics like bullying will help the parent and child have meaningful, productive conversations.

Our librarian has written the Quinson PAC a letter stating that she has a space already in mind and is fully in support of this idea. Along with the QPAC, she will be the in-school support for this area. The Quinson PAC will review this resource periodically and add to it as needed.

We have talked with our school's administration and counsellor, and they have recommended some titles to us. Some of these are:

- The Feelings Book (Revised): The Care and Keeping of Your Emotions by Dr. Lynda Madison
- Worried by Sarah Medina
- Maybe Days: A Book For Children in Foster Care by Jennifer Wilgocki
- The Bully The Bullied And The Bystander by Barbara Coloroso
- Kids Are Worth It: Raising Resilient Responsible Compassionate Kids by Barbara Coloroso
- 1-2-3 Magic: Effective Discipline for Children 2 to 12 by Thomas W. Phelan PhD
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel J. Siegel

We would like to request \$300 to purchase the above books and others to give our Parent Resource Library a solid foundation and some good diversity.

### **How will parents benefit from this funding?**

As mentioned above, this will be a bridge between the philosophies used at school to encourage good behaviour and 'build toolboxes' and those used at home.

It will help our parents to easily access parenting books recommended by our school counsellor, other members of the staff and PAC without having to purchase them themselves.

It will also provide some picture books that the parents can read with their children about stressful events (death, divorce, bullying, new siblings, moving, etc.) that have questions and suggestions for discussions to open lines of communication.

Finally, these resources will be promoted by our school staff and the Quinson PAC Executive so that the parents and caregivers who need them will be able to access and use them in a timely manner.