

Safe Cycling Skills for Children

Host a Bike Rodeo by the PG Brain Injured Group!



The Prince George Brain Injured Group has partnered with the Prince George Cycling Club to provide Bike Rodeos to schools and youth groups across the city.

If you are interested in hosting a Bike Rodeo prior to May 28th, 2012, please contact the PG Brain Injured Group to enroll in the Bike to Work and School Week Program.

As part of this program, the \$38-\$50/hr fee for hosting a Bike Rodeo will be waived if your group registers to participate in the 2012 Bike to Work and School Week challenge.

Book now as spots are filling up quickly:

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What is Bike to Work & School Week?

The 4th Annual Bike to Work and School Week is a challenge that encourages and supports commuter cycling in Prince George and across the Province from May 28th – June 3rd

There are many events and contests planned throughout the week and beyond to make it fun, visible, safe and successful for everyone - from cycling pros to brand new riders!

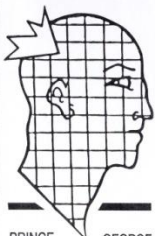
Participation is Easy!

1. Elect a Team Leader
2. Register Online
3. Track your Participation
4. Submit your results



www.biketowork.ca/princegeorge

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What is a Bike Rodeo?

A Bike Rodeo is a 1 hour activity that teaches essential cycling skills sessions to large groups of elementary or middle school-aged children in. A Bike Rodeo emphasizes basic bike skills, safe equipment and fun! Children learn how to inspect their bicycle, fit their helmet, and ride their bike according to the rules of the road.

PG Brain Injured Group also offers 'train-the-trainer' sessions to grade 7 students so schools may continue to host Bike Rodeos independently – a great leadership and peer support activity!